URBAN GYM GROUP The Urban Gym Group is a world-leading fitness community that aims to offer unique and different fitness experiences. We have 4 concepts that we would like to introduce you to: Clubsportive, TrainMore, BTY CLB & Renessence. We would love to make your company experience this whole new world of fitness.

# OUR BRANDS

#### club*sportive*





#### CLUBSPORTIVE AN ELEVATED FITNESS EXPERIENCE

Clubsportive introduces elevated fitness experiences that meet the demands of the professionals and residents in Amsterdam's high-end business district. Every detail is designed to maximize your potential and push your performance.

The concept offers top-tier Personal Trainers, innovative Group Fitness Classes, and a spacious fitness floor as well as a swimming pool, sauna, wellness, and luxurious locker rooms.

#### TRAINMORE



#### TRAINMORE YOUR URBAN FITNESS PLAYGROUND

TrainMore is a unique gym concept that rewards members with a 1 euro discount for each workout. We currently have 22+ TrainMore locations in the Netherlands.

Innovative training opportunities, in-house boutique studios, live DJ nights, and a motivating training atmosphere create the best possible feeling during a workout. There is much attention to music, interior, and exclusive member events. BTY CLB





#### BTY CLB HIGH INTENSITY BOOTY WORKOUTS

BTY CLB goes beyond regular gym-concepts. A brand that aims to be there for everyone who want to be proud of their bodies and booty. High intensity booty workouts at the finest club venues and now their own studio within TrainMore Oost Amsterdam and a brand new club is coming up within Trainmore Coolsingel Rotterdam. BTY CLB is here to take over and get your booty to the next level.

#### Renessence



#### RENESSENCE THE RE-BIRTH OF YOUR TRUE ESSENCE

Renessence is a space for radical self-care and deep healing, a well-being concept that focuses on physical but also mental and spiritual well-being. Our approach is to combine state of the art technologies and ancient wisdom by offering a unique and carefully curated selection of therapies such as Oxygen Hydroxy & Floating, classes such as Hot Yoga & Reiki and products - in doing so we invite our guess and members to relax, unwind, rejuvenate and recover. You will be fully recharged to get back to work.

#### WITHIN THE NETHERLANDS URBAN GYM GROUP LOCATIONS

Urban Gym Group settles in urban cities across the Netherlands with several fitness concepts. <u>Check your</u> city and see what we can offer you.







## BENEFITS OF CORPORATE FITNESS



Improves retention of employees.

### 18%

Attractive & advantageous tax benefits.

#### 35%

Regular activity reduces illness.

#### 31%

Boosts employee motivation & productitvity.

#### 88%

Employees in better physical & mental shape.

REFERENCES

Styku, Giselle Naranjo, 3/25/22 Toluna Group on behalf of Udemy, 04/17 Shortlister, 2019 SHRM, 2017

# OUR CORPORATE PARTNERS



#### URBAN GYM GROUP

More information? Please send enquiries to: corporatefitness@urbangymgroup.com